

BREATHING CLEAN

Healthy Air. Healthy Home.

Breathing Clean empowers homeowners to breathe cleaner air and create a healthy home ecosystem through the cleaning and maintenance of their HVAC system.

5 FAQs FOR HOMEOWNERS WHEN CONSIDERING AIR DUCT CLEANING

1 WHY SHOULD I GET MY AIR DUCTS CLEANED?

- **Improves indoor air quality.** Your heating and cooling system is the lungs of your home!
- **Save Money.** Contaminants in the heating and cooling system cause it to work harder and shorten the life of your system. Although filters are used, the heating and cooling system still gets dirty through normal use. When an HVAC system is clean, it doesn't have to work as hard to maintain the temperature you desire. As a result, less energy is used, leading to lower electric bills.
- **Helps reduce allergens.**

2 HOW LONG WILL IT TAKE?

- The amount of time it takes to clean a residential HVAC system depends on many variables such as the size of the home, the number of systems, the extent of the contamination, and the number of HVAC cleaners performing the job.

3 HOW MUCH WILL IT COST?

- According to the Environmental Protection Agency, properly cleaning an entire system in an average-sized home typically ranges in cost from \$450 to \$1,000. However, there are several factors that affect cost.

HOW OFTEN SHOULD I GET MY AIR DUCTS CLEANED?

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- Frequency of cleaning depends on several factors, including smokers in the household, pets that shed high amounts of hair and dander, water contamination or damage to the home or HVAC system, residents with allergies or asthma, and homes that have just been renovated.

WHAT SHOULD I LOOK FOR WHEN HIRING A CONTRACTOR?

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- You should contact several local contractors. Ask them to come to your home and perform a system inspection and give you a quote. You can also use our **Homeowner's Guide to Air Duct Cleaning** as part of the contractor selection process.
- Avoid advertisements for "\$99 whole house specials" and other sales gimmicks.
- Use NADCA's **Find a NADCA Professional Tool** to identify a reputable professional.



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